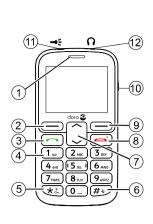
# Doro 1380

## Quick Start Guide English



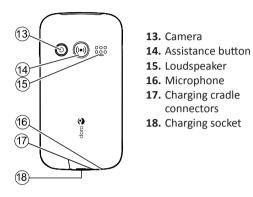
1. Speaker 2. Left selection button 3. Call button Voicemail 4. Keypad lock and 5. International prefix/symbols

Silent / Input method Scroll buttons 7. 8. End call / Power on/off

**Right selection** button 10. Torch button

- 11. Torch
- 12. Headset socket

www.doro.com



Note! All illustrations are for illustrative purposes only and may not accurately depict the actual device. The items supplied with your phone might vary depending on the software and accessories available in your region or offered by your service provider. You can obtain additional accessories from your local Doro dealer. The supplied accessories provide the best performance with your phone.

## 1. GET STARTED

## SIM card, memory card and battery Remove the battery cover

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Be careful not to damage your fingernails when you remove the battery cover. Do not bend or twist the battery cover excessively as it may be damaged.

Insert SIM card (required) Remove the battery if it is already installed. There are two SIM card slots, SIM1 and SIM2. If you are to use only one SIM card, we recommend to use SIM1 slot.

Slide the card under the metal part, with the goldcoloured circuit board facing down.

The cut-off corner of

the card helps to you place the card, correct placement is indicated in the compartment.

## Insert SD card (optional)

#### doro 🗨 Charge the phone ▲ CAUTION

Only use batteries, charger and accessories that have been approved for use with this particular model. Connecting other accessories may be dangerous and may invalidate the phone's type approval and guarantee.

When the battery is running low, displayed and a warning signal is heard.

Connect the mains adapter to the wall Tip: Don't forget to remove the protective plastic film from the display.

# 2. GET TO KNOW YOUR PHONE

## Turn the phone on and off

- 1. Press and hold the red button an the phone to turn it on/off. Confirm with Yes to power off.
- 2. If the SIM card is valid but protected with a PIN code (Personal Identification Number), Input SIM1 PIN is displayed. Enter the PIN code and press OK. Delete with Clear.

Note! If PIN and PUK codes were not provided with your SIM card, please contact your service provider.

Trials remain: # shows the number of PIN attempts left. When no more attempts remain, PIN blocked is displayed. The SIM card must now be unlocked with the PUK code (Personal Unblocking Key).

- 1. Enter the PUK code and confirm with OK.
- 2. Enter a new PIN code and confirm with OK.
- 3. Re-enter the new PIN code and confirm with OK.

## Start-up wizard

When starting the telephone for the first time, you can use the start-up wizard to set some basic settings.

Tip: You can run the start-up wizard later if you want.

## Step-by-step instructions

In this document the arrow  $(\rightarrow)$  indicates next action in the step-by-step instructions.

To confirm an action in the phone, press **OK**. To select an item, scroll or highlight the item using / and then press OK.

#### Enter text

- Press a numerical key repeatedly until the desired character is shown. Wait a few seconds before entering the next character.
- Press **\*** for a list of special characters. Select the desired character with  $\checkmark/$
- and press OK to enter it. Use  $\checkmark/\sim$  to move the cursor within the text.
- Press # to cycle upper case, lower case and numerals
- Press and hold *#* to change writing language.

## Change language, time and date

The default language is determined by the SIM card.

## Calls

## Make a call

- 1. Enter the phone number. Delete with **Clear**. 2. Press **mathematical** to dial. Press **Abort** to cancel
- the call.
- Press rest to end the call.

#### Silent

Silent is a fixed profile with keypad tone, message tone and ring tone disabled, while vibration, tasks and alarm are unchanged.

Press and hold # to activate and to deactivate silent.

#### **Call options**

During a call the soft keys ( ) give access to additional functions.

## Speed dial

Use 0 and 2–9 to speed dial an entry from standby.

Press and hold the corresponding button to dial.

#### Add speed dial numbers

- 1. Press Menu → Settings → Phonebook → Speed dial.
- 2. Select **O** → Add and select an entry from the phonebook.
- 3. Press OK to confirm.
- 4. Repeat to add speed dial entries for buttons 2 – 9

#### SOS calls

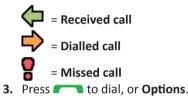
As long as the phone is switched on, it is always possible to place an SOS call by entering the main local emergency number for your present location followed by

## Call log

Received, missed, and dialled calls are saved in a combined call log. 20 calls of each type can be stored in the log. For multiple calls related to the same number, only the most recent call is saved.

#### 1. Press 厂

Use  $\checkmark$  to scroll through the call log. 2.



## **3. PHONEBOOK**

The Phonebook can store 100 entries with 3 phone numbers in each entry.

## Add a contact

- 1. Press Menu → Phonebook → -New contact- -> Add.
- 2. Enter a <u> Name</u> for the contact, see <u>Enter</u> <u>text</u>. Delete with **Clear**.
- 3. Use **//** to select **Mobile**, **Home** or Office, and enter the phone number(s) including the area code.
- 4. When done, press Save.

## ICE (In Case of Emergency)

In the event of a trauma, it is critical to have this information as early as possible to increase the chances of survival. Add ICE contact to improve your own safety. First responders can access additional information such as medication and next of kin from your phone in case of an emergency. All fields are optional, but the more information provided the better.

#### Press Menu Phonebook ICE.

- **1.** Use **//** to scroll the list of entries. 2. Press Edit to add or edit information in each
- entry. Delete with Clear.
- 3. Press Save when done.

## \Lambda CAUTION

When an assistance call is activated the phone is pre-set to handsfree mode. Do not hold the device near your ear when the handsfree mode is in use, because the volume may be extremely loud.

## Settings

Press Menu 
 → Settings 
 → Assistance.

## 5. MESSAGES

## Create and send text messages

- 1. Press Menu → Messages → Create new SMS.
- 2. Write your message, see *Enter text*, then press To.
- 3. Select a recipient from Add from Phonebook. Alternatively, select Enter number to add
- recipient manually and press OK. 4. You can modify the recipients by selecting one and press **Options → Edit/Delete**/ Delete all.
- 5. When done, press Options -> Send.

## Create and send picture messages

Both you and the recipient must have subscriptions that support picture message. The settings for picture message are supplied by your service provider and can be sent to you automatically via text message.

1. Press Menu 
→ Messages 
→ Create new MMS

Take picture to use the camera to take a

Note! To keep best picture quality, send only

You can also Add sound, Add video, and

Preview MMS using the Options menu.

from Add from Phonebook.

6. Press Options → Send to send.

6. CAMERA (TAKE PHOTOS)

1. Press Menu **→** Camera.

picture is saved).

7. BLUETOOTH<sup>®</sup>

2. Press OK to take the photo.

Press Menu 
 → Settings 
 → Messages.

3. Press Options or press Back to take a new

You can connect wirelesses to other Bluetooth®

When you are not using Bluetooth<sup>®</sup> connectiv-

ity, turn off Activate or Visibility. Do not pair

compatible devices such as headsets or other

Press Menu 
 → Settings 
 → Camera.

photo (if you do not make any selection the

4. Press **Options → Add subject** and enter

5. Press **Options → To** and select recipient

your subject, then press **Options → Done**.

Alternatively, select Enter recipient to add

recipient manually and press **Options →** 

- 2. Write your message, see Enter text.
- **3.** Press **Options → Add picture**: My pictures to select a file.

one picture per message.

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picture.

Done

Settings

Settings

phones.

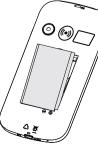
Important!

Press the card's lid carefully towards the assistance button until it "clicks". Lift the lid to an upright position. Make sure the card's contacts are facing downwards. Fold down the lid and carefully push it down, sliding it back in place.

Note! The circuit boards (metal part) on the cards must not be scratched or bent. Try not to touch the circuits with your fingers.

#### Insert the battery

Insert the battery by sliding it into the battery compartment with the circuits facing down to the right. Replace the battery cover.



4 8

Note! For international calls, always use + before the country code for best operation. Press **\*** twice for the international prefix **+**.

## Call from the phonebook

- 1. Press Name to open the phonebook.
- **2.** Use  $\checkmark/\sim$  to scroll through the phonebook, or quick search by pressing the key corresponding to the first letter of the name.
- 3. Press Options → Call, alternatively, press to dial the selected entry, or press Back to return to standby.

## Receive a call

1. Press **m** to answer, or press **Silent** to switch off the ring signal and then Reject (busy signal).

Alternately, press **f** to reject the call directly.

2. Press **f** to end the call.

## Volume control

Use  $\checkmark$  to adjust the sound volume during a call. The volume level is indicated on the display.

## 4. ASSISTANCE BUTTON

The assistance button allows easy access to contact your predefined help numbers should you need help. Make sure that the assistance function is activated before use and make all necessary configurations.Test the application thoroughly.

## Make an assistance call

1. When help is needed, press and hold the assistance button for 3 seconds, or press it twice within 1 second.

The assistance call begins after a delay of 5 seconds. In this time you can prevent a possible false alarm by pressing **[73]**.

2. An assistance text message (SMS) is sent to all recipients. The first recipient in the list is dialled. If the call is not answered within 25 seconds, the next number is dialled. Dialling is repeated 3 times or until the call is answered, or until **f** is pressed.

Activate Bluetooth<sup>®</sup>

with an unknown device.

- 1. Press Menu → Settings → Bluetooth → Activation **→** On.
- 2. Press OK to confirm.

### Search device

- 1. Press Menu → Settings → Bluetooth → Search device.
- 2. Select a device from the list and press Bond to connect. If Bluetooth<sup>®</sup> is not enabled, press Yes to activate.
- 3. Press OK to confirm.

## 8. SOUND & DISPLAY

## Tone setup

- 1. Press Menu → Settings → Sound → Tone setup 
  SIM1 incoming call.
- **2.** Use  $\checkmark/\checkmark$  to select one of the available melodies, the melody will be played.
- 3. Press OK to confirm or Back to discard changes.

#### Text size

You can customise the text size for the menu and messages.

1. Press Menu → Settings → Display → Text size:

Normal or Large.

2. Press OK to confirm.

## Brightness

You can customise the brightness settings. The higher value, the better contrast.

- 1. Press Menu → Settings → Display → Brightness:
  - Level 1-3.
- 2. Press OK to confirm.

## 9. ADDITIONAL FUNCTIONS

## Alarm

## 1. Press Menu → Alarm → On.

- 2. Enter the alarm time using the keypad and press **OK** to confirm.
  - Single, for a single occurrence.

• Repeated, for a repeated alarm. Scroll through the list of days and press On or Off to enable or to disable for each day.

- 3. When done, press Save.
- 4. When the alarm goes off a signal will sound. Press Stop to turn off the alarm or press Snooze to repeat the alarm after 9 minutes.

Note! The alarm works even when the phone is switched off. Do not power on if wireless phone use is prohibited or when it may cause interference or danger.

#### Torch

Slide up (◀) to turn on the torch. Slide down to turn off.

#### **Reset settings**

- 1. Press Menu → Settings → Security.
- 2. Select Reset settings to reset the phone settings. All the changes that you have made to the phone settings will be reset to default settings.
- 3. Enter the phone code and press OK to reset.

#### Reset all

## **1.** Press Menu **→** Settings **→** Security.

- 2. Select Reset all to delete phone settings and content such as contacts, number lists and messages (SIM memory is not affected).
- 3. Enter the phone code and press OK to reset.

## **10. TROUBLESHOOTING**

Phone cannot be switched on			
Battery charge low	Connect the power adapter		
	and charge the battery.		
	Check the installation of the		
Battery incorrectly installed	battery.		
Failure to charge the battery			
Battery or charger damaged	Check the battery and charger.		
Battery recharged in tempera-	Improve the charging		
tures < 0°C or > 40°C	environment.		
Charger incorrectly connected	Check the charger		
to phone or power socket	connections.		
PIN code not accepted			
Wrong PIN code entered too	Enter the PUK code to change		
many times	the PIN code, or contact the		
many unes	service provider.		
SIM card error			
	Check the condition of the		
SIM card damaged	SIM card. If it is damaged,		
	contact the service provider.		
SIM card incorrectly installed	Check the installation of the		
	SIM card. Remove the card		
	and reinstall it.		
	Wipe the contact surfaces		
SIM card dirty or damp	of the SIM card with a clean		
	cloth.		
	ciotin		

## **11. SAFETY INSTRUCTIONS**

MARNING The unit and the accessories can contain small parts. Keep all of

the equipment out of the reach of small children. The mains adapter is the disconnect device between the product and mains power. The mains socket outlet must be close to the equipment and easily accessible.

## Network services and costs

Your device is approved for use on the GSM 850/900/1800/1900 MHz networks. To use the device, you need a subscription with a service provider. Using network services may result in traffic costs. Some product features require support from the network, and you may need to subscribe to them.

#### **Operating environment**

Follow the rules and laws that apply wherever you are, and always turn off the unit whenever its use is prohibited or can cause interference or hazards. Only use the unit in its normal user position.

Parts of the unit are magnetic. The unit can attract metal objects. Do not keep credit cards or other magnetic media near the unit. There is a risk that information stored on them can be erased

#### Medical units

The use of equipment that transmits radio signals, for example, mobile phones, can interfere with insufficiently protected medical equipment. Consult a doctor or the manufacturer of the equipment to determine if it has adequate protection against external radio signals, or if you have any questions. If notices have been put up at health care facilities instructing you to turn off the unit while you are there, you should comply.

Hospitals and other health care facilities sometimes use equipment that can be sensitive to external radio signals.

#### Implanted medical devices

To avoid potential interference, manufacturers of implanted medical devices recommend a minimum separation of 15 cm between a wireless device and the medical device. Persons who have such devices should:

• Always keep the wireless device more than 15 cm from the medical device. Not carry the wireless device in a breast pocket. Hold the wireless device to the ear opposite the medical device.

If you have any reason to suspect that interference is taking place, turn the phone off immediately. If you have any questions about using your wireless device with an implanted medical device, consult your health care provider.

Always turn off the unit when you are in an area where there

is a risk of explosion. Follow all signs and instructions. There is

normally requested to turn off your car engine. In these areas,

Turn off the unit at filling stations, and any other place that has

Follow the restrictions that apply to the use of radio equipment near places where fuel is stored and sold, chemical factories

and places where blasting is in progress. Areas with risk for

explosion are often - but not always - clearly marked. This

also applies to below decks on ships; the transport or storage

of chemicals; vehicles that use liquid fuel (such as propane or

butane); areas where the air contains chemicals or particles,

This product contains a Li-ion battery. There is a risk of fire and

Danger of explosion if battery is incorrectly replaced. To reduce

risk of fire or burns, do not disassemble, crush, puncture, short

external contacts, expose to temperature above 60° C (140° F),

according to the local regulations or reference guide supplied

or dispose of in fire or water. Recycle or dispose of used batteries

a risk of explosion in places that include areas where you are

sparks can cause explosion or fire which can lead to personal

For vehicles equipped with air bags: Remember that air bags fill with air with considerable force. Do not place objects, including fixed or portable radio equipment in the area above the airbag or the area where it might expand. Serious injuries may be caused if the mobile phone equipment is incorrectly installed and the airbag fills with air.

It is prohibited to use the unit in flight. Turn off the unit before you board a plane. Using wireless telecom units inside a plane can pose risks to air safety and interfere with telecommunications. It may also be illegal.

#### **12. CARE AND MAINTENANCE**

Your unit is a technically advanced product and should be treated with the greatest care. Negligence may void the warranty.

- Protect the unit from moisture. Rain/snowfall, moisture and all types of liquid can contain substances that corrode the electronic circuits. If the unit gets wet, you should remove the battery and allow the unit to dry completely before you replace
- Do not use or keep the unit in dusty, dirty environments. The unit's moving parts and electronic components can be damaged.
- Do not keep the unit in warm places. High temperatures can reduce the lifespan for electronic equipment, damage batteries and distort or melt certain plastics.
- Do not keep the unit in cold places. When the unit warms up to normal temperature, condensation can form on the inside which can damage the electronic circuits.
- Do not try to open the unit in any other way than that which is indicated here.
- Do not drop the unit. Do not knock or shake it either. If it is treated roughly the circuits and precision mechanics can be broken.

#### • Do not use strong chemicals to clean the unit.

The advice above applies to the unit, battery, mains adapter and other accessories. If the phone is not working as it should, please contact the place of purchase for service. Don't forget the receipt or a copy of the invoice.

#### **13. WARRANTY**

This product is guaranteed for a period of 24 months and for original accessories for a period of 12 months (such as the battery, charger, charging cradle or handsfree kit) which may be delivered with your device, from the date of purchase. In the unlikely event of a fault occurring during this period, please contact the place of purchase. Proof of purchase is required for any service or support needed during the guarantee period. This guarantee will not apply to a fault caused by an accident or a similar incident or damage, liquid ingress, negligence, abnormal usage, non-maintenance or any other circumstances on the user's part. Furthermore, this guarantee will not apply to any fault caused by a thunderstorm or any other voltage fluctuations. As a matter of precaution, we recommend disconnecting the charger during a thunderstorm.

Please note that this is a voluntary manufacturer's warranty and provides rights in addition to, and does not affect statutory rights of end-users.

This guarantee does not apply if batteries other than DORO original batteries are used.

#### 14. COPYRIGHT AND OTHER NOTICES

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#### microSD is a trademark of SD Card Association.

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## Specific Absorption Rate (SAR)

This device meets applicable international safety requirements for exposure to radio waves. Your mobile device is a radio transmitter and receiver. It is designed not to exceed the limits for exposure to radio waves (radio frequency electromag netic fields) recommended by international guidelines from the independent scientific organization ICNIRP (International Commission of Non-Ionizing Radiation Protection).

The radio wave exposure guidelines use a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit for mobile devices is 2 W/kg averaged over 10 grams of tissue and include a substantial safety margin designed to assure the safety of all persons, regardless of age and health.

Tests for SAR are conducted using standard operating positions with the device transmitting at its highest certified power level in all tested frequency bands. The highest SAR values under the ICNIRP guidelines for this device model are: Head SAR: 0.864 W/kg

#### Body SAR: 1.673 W/kg

During normal use, the SAR values for this device are usually well below the values stated above. This is because, for purposes of system efficiency and to minimize interference on the network, the output power of your mobile device is automatically decreased when full power is not needed for the call. The lower the power output of the device, the lower its SAR value

This device meets RF exposure guidelines when used against the head or when positioned at least 0.5 cm away from the body. When a carry case, belt clip or other form of device holder is used for body-worn operation, it should not contain metal and should provide at least the above stated separation distance from the body.

The World Health Organization (WHO) has stated that current scientific information does not indicate the need for any special precautions when using mobile devices. If you are interested in reducing your exposure, they recommend you reduce your usage or use a hands-free accessory to keep the device away from your head and body.

#### **Correct disposal of this product**

(Waste Electrical & Electronic Equipment) X (Applicable in countries with separate collection systems)

This marking on the product, accessories or manual

indicates that the product and its electronic accessories (e.g. charger, headset, USB cable) should not be disposed of with other household waste. To prevent possible harm to the environment or human health from uncontrolled waste disposal, please separate these items from other types of waste and recycle them responsibly to promote the sustainable reuse of material resources.

Household users should contact either the retailer where they purchased this product, or their local government office, for details of where and how they can take these items for environmentally safe recycling. Business users should contact their supplier and check the terms and conditions of the purchase contract. This product and its electronic accessories should not be mixed with other commercial wastes for disposal. This product is RoHS compliant.

#### Correct disposal of batteries in this product

(Applicable in countries with separate collection systems)

The marking on the battery, manual or packaging indicates that the battery in this product should not be disposed of with other household waste. Where marked, the chemical symbols Hg, Cd or Pb indicate that the battery contains mercury, cadmium or lead above the reference levels in EC Directive 2006/66. If batteries are not properly disposed of, these substances can cause harm to human health or the environment. To protect natural resources and to promote material reuse, please separate batteries from other types of waste and recycle them through your local, free battery return system.

#### **Declaration of Conformity**

Hereby, Doro declares that the radio equipment type DFB-0350 (Doro 1380) is in compliance with Directives: 2014/53/EU and 2011/65/EU. The full text of the EU declaration of conformity is available at the following internet address: www.doro.com/dofc

#### **Ecodesign declaration**,

energy efficiency for external power supply Hereby, Doro declares the external power supply for this device is in compliance with Commission Regulation (EU) 2019/1782 regarding ecodesign requirements for external power supplies pursuant to Directive 2009/125/EC.

The full information regarding the ecodesign requirements is available at the following internet address: www.doro.com/ecodesigr

Areas with explosion risk

fuel pumps and auto repair facilities.

such as grain, dust or metal powder.

burns if the battery pack is handled improperly.

injury or even death.

Li-ion battery

\Lambda WARNING

with your product.

SIM card invalid	Contact the service provider.
No coverage of GSM service	Contact the service provider.

#### Failure to add a contact

Phonebook memory full	Delete contacts to free up
nonebook memory run	memory.

#### Failure to set a function Function not supported or Contact the service provider. subscribed from network

#### Protect your hearing

WARNING Excessive exposure to loud sounds can cause

hearing damage 5

Exposure to loud sounds while driving may distract your attention and cause an accident Listen to a headset at a moderate level, and do not hold the device near your ear when the loudspeaker is in use.

#### **Emergency calls**

#### Important!

Mobile phones use radio signals, the mobile phone network, the terrestrial network and user-programmed functions. This means that connection cannot be guaranteed in all circumstances. Therefore, never rely only on a mobile phone for very important calls such as medical emergencies.

#### Vehicles

It is your responsibility to drive your vehicle safely. Never use your handheld device while driving, if it is prohibited by law. If you must make or answer a call, stop your vehicle at a safe location first.

Radio signals can affect electronic systems in motor vehicles (for example, electronic fuel injection, ABS brakes, automatic cruise control, air bag systems) that have been incorrectly installed or are inadequately protected. Contact the manufacturer or its representative for more information about your vehicle or any additional equipment.

Do not keep or transport flammable liquids, gases or explosives together with the unit or its accessories.

#### **Specifications**

Network bands (MHz) 850 [33], 900 [34]. [maximum radio-frequency power/dBm]: 2G GSM 1800 [32], 1900 [30]

#### Bluetooth (MHz) [maximum

Storage temperature:

radio-frequency power/ 3.0 (2402 - 2480) [6] dBm]: **Dimensions:** 127 mm x 66 mm x 13 mm Weight: 97 g (including battery) 3.7 V/800 mAh Li-ion battery Battery: **Operating ambient** Min: 0°C (32°F) Max: 40°C (104°F) temperature: Min: 0°C (32°F) **Charging ambient** Max: 40°C (104°F) temperature:

Min: -20°C (-4°F) Max: 60°C (140°F)

#### UK Declaration of Conformity

Hereby, Doro declares that the radio equipment type DFB-0350 (Doro 1380) is in compliance with the relevant UK legislation. The full text of the UK declaration of conformity is available at the following internet address: www.doro.com/dofo

Model: DFB-0350 Doro 1380 (1011,1031) QSG English

#### QSG\_Doro\_1380\_en\_A3-A7\_v12\_1011\_1031 www.doro.com

#